



7th Annual

FAMILY FITNESS

5K Run/Walk • 1.3 Mile Run/Walk Sunday, January 25, 2015

online registration powered by



Benefiting Pueblo Middle School & Corona del Sol High School Cross Country

Course Description

The 5K & 1.3 mile courses are family friendly, flat, well marked, with water on the course. Please no dogs, skateboards, bikes or scooters. Races will be chip timed with start and finish mats. We use disposable timing chips.

Awards

All finishers receive a custom medal. Awards to the top 3 overall male and female finishers in both races. Age group awards to the top 3 male & female 5K finishers in 5 year age groups (2-3 year age groups for kids). Age group awards in the 1.3 mile race in three age group categories (1-10, 11-14, 15+).

Location and Registration Mail In:

Kyrene del Pueblo Middle School
PTO—Family Fitness 5K/1.3 Mile
360 S. Twelve Oaks Blvd.
Chandler, AZ 85226

Registration/Package Pickup: Sat 1/24 3-5 pm @ Tempe Sole Sports

Package Pickup 5K (no race day registration): Sun 1/25 8-8:45 am

Package Pickup 1.3 Mile (no race day registration): Sun 1/25 8-10 am

Race Start Times: 5K Run/Walk: 9:15 am

1.3 Mile Run/Walk: 10:30 am

Questions? E-mail FamilyFitness5k@gmail.com

Visit our blog at <http://familyfitness5k.blogspot.com/>

Please complete the following registration information. Make checks payable to "Pueblo PTO".

Race Choice	Up to Dec 18th	Dec 19th to Jan 7th	Jan 8th to Jan 22nd*	Quantity	Extended Cost
1.3 Mile -per person (Students & Adults):	\$12	\$16	\$20		\$
5k -per person (K-12 Student rate) School Attending:	\$15	\$20	\$30		\$
5k -per person (Adult rate):	\$20	\$25	\$35		\$
5k Family Rate (up to 4 people, 1 race each):	\$55	\$80	\$100		\$
Both 5k & 1.3 Mile - Student Rate	\$20	\$27	\$39		\$
Both 5k & 1.3 Mile - Adult Rate	\$25	\$32	\$44		\$
Both 5k & 1.3 Mile - Family of 4 Rate	\$75	\$108	\$136		\$
*Please Note: No registrations will be accepted on race day. January 22nd is the last day for registrations to be received (that does not mean postmarked). One Exception: we will accept registrations in person at Tempe Sole Sports on Saturday, January 24th from 3 pm—5pm.					
				Total Due:	\$

T-shirts may not be available to those registered after January 7th.

I would like my registration fee to support (circle one): **Pueblo Corona XC No Preference**

Email Address _____ Phone # _____

Address _____ City _____ State _____ Zip _____

Please complete below for each runner – indicate T-shirt size as Adult S, M, L, XL, XXL or Youth S, M, L.

	First/Last Name	Race Day Age	Race(s) Entering (Circle 1 or both)	Gender (Circle one)	T-Shirt (Circle one)	T-Shirt Size (See above)
#1	_____	_____	5K 1.3 Mile	Male Female	Adult Youth	_____
#2	_____	_____	5K 1.3 Mile	Male Female	Adult Youth	_____
#3	_____	_____	5K 1.3 Mile	Male Female	Adult Youth	_____
#4	_____	_____	5K 1.3 Mile	Male Female	Adult Youth	_____

Please read the waiver and **sign the form after printing.** Thank you. RELEASE FORM (MANDATORY): All registration forms must be signed to enter this event. No entry accepted without fee. NO REFUNDS. WAIVER: In consideration of accepting this entry, I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against Pueblo PTO, Kyrene del Pueblo Middle School, Corona del Sol, Corona Cross Country Boosters Club, The City of Chandler or anyone associated with this event, their representatives, successors and assigns for any and all injuries suffered by me in said event. I will additionally permit the free use of my name and pictures in broadcasts, telecasts, newspapers, etc. If participant is under 18, a parent needs to sign in their place.

Runner 1: _____ Date _____ Runner 2: _____ Date: _____

Runner 3: _____ Date _____ Runner 4: _____ Date: _____